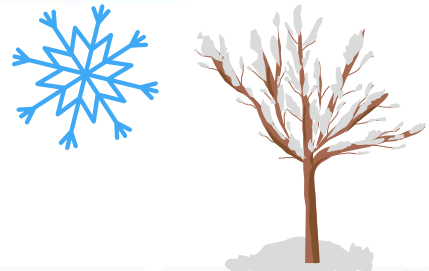





JANUARY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5	6	7	8	9	10	11
10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:00 PM: Movie (Media Rm) 2:30 PM: Bingo (Sth Act Rm)	10:30 AM: Kraft Korner (Sth Act Rm) 10:30 AM: News & Views (Private D. Rm) 2:15 PM: Resident Council Meeting (Private Dining Rm) 2:30 PM: Bridge (Sth Act Rm) 7:00 PM: Podcast (Media Rm) 7:00 PM Pet Therapy (Fireside Lounge)	9:30 AM: Tai Chi (Fitness Rm) 10:00 AM: Catholic Mass (Chapel) 10:30 AM: Walmart - bus outing 10:30 AM: Wii Bowling (Media Rm) 2:30 PM: Bingo (Sth Act Rm) 6:15 PM: Christian Fellowship (Media Room) 7:00 PM: Concert (Media Rm)	9:30 AM: Sit and Fit (Fitness Rm) 7:00 PM: Movie (Media Rm) 7:30 PM: Cards - Uno (Dining Room)	9:30 AM: Get up and go (Fitness Rm) 9:30 AM: Medical/Banking 1:30 PM: Doctor visit (Media Rm) 2:30 PM: Mystery Cards (Dining Room)	10:30 AM: Ping Pong (Fitness Room) 2:30 PM: Music with Bob Collins (Dining Room)	10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:30 PM: Virtual Scenic Drive - Thailand Wonders 7:00 PM: Movie (Media Rm)
12	13	14	15	16	17	18
10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:00 PM: Movie (Media Rm) 2:30 PM: Bingo (Sth Act Rm)	9:30 AM: Get up and go (Fitness Rm) 10:30 AM: Kraft Korner (Sth Act Rm) 11:00 AM: **NEW** Book Club Kickoff (Media Room) 2:30 PM: Bridge (Sth Act Rm) 7:00 PM: Podcast (Media Rm)	9:30 AM: Tai Chi (Fitness Rm) 10:30 AM: Wii Bowling 2:30 PM: Resident Run Bingo (Sth Act Rm) 7:00 PM: Concert (Media Rm)	9:30 AM: Sit and Fit (Fitness Rm) 10:00 AM: Piano Music with Don Mackenzie (Dining Room) 7:00 PM: Movie (Media Rm) 7:30 PM: Cards - Uno (Dining Room)	9:30 AM: Get up and go (Fitness Rm) 10:30 AM: Puretone Hearing Clinic (Media Room) 11:30 AM: Lunch White Spot - Burnaby 2:30 PM: Mystery Cards (Dining Rm)	10:30 AM: Ping Pong (Fitness Room) 2:30 PM: Music with Pete Campbell (Dining Room)	10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:30 PM: Virtual Scenic Drive - Wonders of Mexico 7:00 PM: Movie (Media Rm)
19	20	21	22	23	24	25
10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:00 PM: Movie (Media Rm) 2:30 PM: Bingo (Sth Act Rm)	9:30 AM: Get up and go (Fitness Rm) 10:30 AM: Kraft Korner (Sth Act Rm) 2:30 PM: Bridge (Sth Act Rm) 7:00 PM: Podcast (Media Rm)	9:30 AM: Tai Chi (Fitness Rm) 10:30 AM: Wii Bowling (Media Rm) 2:30 PM: Resident Run Bingo (Sth Act Rm) 7:00 PM: Concert (Media Rm) 7:30 PM: Simple Gifts Choir (Dining Room)	9:30 AM: Sit and Fit (Fitness Rm) 11:00 AM: Alta Vida Fashion (Fireside Lounge) 7:00 PM: Movie (Media Rm) 7:30 PM: Cards - Uno (**Library**) 7:30 PM: High Spirits Choir (Dining Room)	9:30 AM: Get up and go (Fitness Rm) 1:00 PM: Scenic Drive - Mystery Locale 1:30 PM: Doctor visit (Media Rm)	10:30 AM: Ping Pong (Fitness Room) 10:30 AM: VPL Books (Media Room) 2:30 PM: Trivia with Brian (Dining Room)	10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 7:00 PM: Movie (Media Rm)
26	27	28	29	30	31	
10:30 AM: Resident Run Fitness Fun & Games (Fitness Room) 2:00 PM: Movie (Media Rm) 2:30 PM: Bingo (Sth Act Rm)	9:30 AM: Get up and go (Fitness Rm) 10:30 AM: Kraft Korner (Sth Act Rm) 2:30 PM: Bridge (Sth Act Rm) 7:00 PM: Podcast (Media Rm)	9:30 AM: Tai Chi (Fitness Rm) 10:30 AM: Wii Bowling (Media Rm) 2:30 PM: Resident Run Bingo (Sth Act Rm) 7:00 PM: Concert (Media Rm)	9:30 AM: Sit and Fit (Fitness Rm) 10:00 AM: Piano Music with Don Mackenzie (Dining Room) 7:00 PM: Movie (Media Rm) 7:30 PM: Cards - Uno (Dining Room)	9:30 AM: Get up and go (Fitness Rm) 9:30 AM: Medical/Banking 1:15 PM: Kingsgate Mall - Bus outing 3:00 PM: Horse Racing (Dining Rm)	9:30 AM: Stretch Fit (Fitness Rm) 10:30 AM: Ping Pong (Fitness Room) 2:30 PM: Happy Hour Birthday Celebration and music with Dale Nichols (Dining Room) Chinese New Year Special Dinner	
			